

HOME LEARNING GUIDE

Category Three: Age 11-19

The Challenge offers a fantastic opportunity for a fun and valuable home learning experience. There's plenty of opportunities for you to support and enrich your young person's learning as you discover together the importance of responsible consumerism.

HOW TO SUPPORT YOUR YOUNG PERSON'S LEARNING DURING THE CHALLENGE?

We've developed a set of teaching materials for young people aged 11-19. These are designed to:

1. **Help young people develop their understanding of responsible consumerism**
2. **Inspire young people to produce thoughtful and persuasive campaign materials for their Challenge2020 Portfolios**

There are **three** activities in total. Each activity explores a key area of responsible consumerism and culminates with a challenge entry option. Young people can choose the challenge entry option or options that best appeal to them.

Although the teaching materials were designed with teachers in mind, they can be a helpful tool for parents/carers too. It's simple and easy to adapt the materials to help with home learning. Here's some key pointers:

DISCUSSION

Throughout the teaching materials, young people are encouraged to take part in discussions – look out for the following phrases, 'as a class', 'in pairs', 'in groups'. The aim of these discussions is to encourage young people to talk through their ideas and share their experiences. Teachers can then help with any misunderstandings.

We learn best when we can discuss our thoughts and share ideas. In the absence of a classroom, as a parent/carer, you can help facilitate these discussions. Take the place of the 'class', the 'pair' or the 'group' and talk through the ideas with your young person.

Get creative with discussions – you could invite the whole family to join in and share their ideas and experiences or if you have access to video calling, the young person could set up an online video conference, so they could share their ideas with their peers remotely – they could even hold a remote debate!

The issues explored in the Challenge are important to everyone, no matter their age or circumstance. To start discussions, why not invite the whole family to take part in the *Responsible Consumer Quiz*? There's a PowerPoint version so this could easily be shared remotely.

This Home Learning Guide will:

- a. help you to support your young person's learning during the Challenge
- b. help you support your young person to develop a creative and thoughtful Challenge entry

PRACTICAL ACTIVITIES

Although the Challenge materials were originally designed to be delivered in small groups or a classroom setting, the home environment actually offers new, exciting opportunities for learning. The three topics covered in the Challenge, energy, food and fashion, have explicit links to the family and the home. Let your young person take the lead on which areas of responsible consumerism they wish to explore. They can use the teaching materials as a guide and carry out independent research to find out more about particular areas that interest them.

You could also work together to find practical ways to bring their learning to life.

FOOD

Why not use everyday tasks to enhance their learning? You could involve them in the weekly shop, or you could develop menus together. You could even start a family food diary.

FASHION

Why not explore some ways that unworn or old clothes could be upcycled?
You could even have a go at upcycling.

ENERGY

Why not work out the cost of wasted energy?
You could even work together to create a plan to reduce household energy waste.

HOW TO SUPPORT YOUR CHILD TO CREATE THEIR CHALLENGE ENTRY?

As part of the Challenge, young people will be creating entries to help raise awareness of responsible consumerism. Young people can choose from 3 challenge entry options – further details of each of these options can be found in the 'Challenge Entry Portfolio Option' section at the bottom of each of the three activities, Energy, Fashion and Food. Further information about entry requirements can be found in the *Category Three Challenge Guidelines*.

Encourage your young person to follow these **three** steps when creating their entries:

PLAN THEIR ENTRY

Encourage them to talk through their ideas.

STEP ONE

- What have they learnt from the Challenge? What would they like other people to know more about and/or do?
- Why is responsible consumerism important? Encourage them to consider how being a responsible consumer can help us a. save money and b. protect the environment.

DO A DRAFT

Create a draft copy of their entry - this could be a rough design that allows them to test out some of their ideas.

STEP TWO

They could share their ideas and rough draft with other family members or friends to find out:

- if the message is clear
- if the idea is memorable

CREATE THEIR ENTRY

Remember the entry should:

STEP THREE

- stand out
- have a memorable message that's easy to understand.

CHALLENGE SUMMARY SHEET

All entries must include a completed *Challenge Summary Sheet* which can be found in the *Category Three Challenge Pack*.

REMEMBER...

All entries must be submitted by no later than **Friday 3rd July**. All entries must be submitted electronically by either a parent/carer, practitioner or teacher. For guidance on how to submit your young person's challenge entry, see the *Category Three Challenge Guidelines*.