



## Subject: Personal Development

Vision	
Key Stage	Learning content
Years 7, 8 & 9	Personal Development (PD) aims to give students the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, employable, responsible citizens. PD promotes discussion of values and beliefs, extends knowledge and understanding, encourages practical activities and decision-making and furthers the inter-relationship of the individual and the community. Relationships Education – healthy friendships, bullying and harassment, E-Safety, Self-esteem, identity and body image, keeping safe Health Education – puberty, healthy living, mental health, risky behaviours, First Aid, substances and gangs Citizenship, Careers and the World of Work - British Values, Law and Justice, The Media, Charity, Enterprise, Careers and options, Equality and discrimination
Years 10 & 11	Relationships and Sex Education – staying healthy, consent, keeping safe, parenting Health Education – Mental Health, healthy and unhealthy coping strategies, alcohol and drugs education, risky behaviour Citizenship, Careers and the World of Work - British Values, the Environment; Employability and Skills, Employment rights, post-16 options, CVs, Finance and budgeting