



## Subject: Sports Studies

### Vision

Our core aims are to develop transferable life skills within a safe environment and encourage all students to engage and pursue a lifelong, active, healthy lifestyle. This approach aims to add value to our PE programme without compromising on the things we have traditionally done so well. We aim to highlight how influential physical activity can be in the development of personal qualities and key life skills, and in turn create well rounded students who are healthier, happier and more prosperous.

Key Stage	Learning content
Years 7, 8 & 9	<p>A broad based curriculum that is both demanding and engaging with the departments' vision implemented throughout.</p> <p>Years 7 &amp; 8 will be following the 'MeinPE' This encompasses 5 strands; <b>Cognitive Me, Healthy Me, Affective Me, Physical Me, Social Me</b>. Each strand has different objectives and assessment criteria and these will be distributed across the traditional physical activities taught.</p> <p>The four assessment areas will be <b>Foundation, Developing, Secure and Excellence</b>. This assessment will be communicated home by the end of each academic year demonstrating their level in each of the five strands. Termly monitoring will reflect the assessment strands the students have covered up until that particular point. These will differ depending on their activities and class, but will cover at least two of the five strands.</p> <p>Within Year 9 students will continue to follow a broad based curriculum which encourages physical activity and develops their understanding for the need to remain physically active.</p> <p>For the students following the exam based Sports Studies course this year students engage in both the practical and theoretical side of the course. Students will be assessed in team sports, individual sports and also officiating a particular sport. They will also be engaged in coursework which requires students to be organised and committed to their option choice</p>



A specialist maths and computing school

## Curriculum Information 2021-22

The information below outlines the content of the curriculum for each subject.

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Years 10 & 11	<p>Within Year 10 students will continue to follow a broad based curriculum which encourages physical activity and develops their understanding for the need to remain physically active. They will continue to have the opportunity to take part in both team games and individual sports. They also have the opportunity to use the schools fitness suite</p> <p>For the students following the exam based Sports Studies course this year students engage in both the practical and theoretical side of the course. Students are required to prepare, deliver and evaluate a lesson to their peers, complete an external exam based on 'Contemporary Issues in Sport' and complete a unit based on Outward and Adventurous Activities</p>
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For 6<sup>th</sup> Form Curriculum information, please see the prospectus